



KEEPING YOU SAFE

THE FACTS ON CELL PHONES

- ALWAYS USE A HEAD SET**
 By using a speaker or earphones when on a cell phone, it reduces the amount of radiation you are exposed to.
- DO NOT CARRY A CELL PHONE IN YOUR POCKET**
 Even when a cell phone is not in use it emits radiation.
- WHEN THE SIGNAL IS LOW, DON'T USE YOUR CELL PHONE**
 When the signal is low, the amount of radiation increases.
- DON'T SLEEP WITH YOUR CELL PHONE**
 You may be sleeping, but your cell phone is busy emitting radiation.

Cell phones are two-way microwave radios

- Radiation from cell phones can lower sperm count, and cause cancer and other diseases.
- Holding a cell phone next to your ear over a long period of time increases the chance that you will get a brain tumor.
- People who start using a cell phone as teenagers and do not practice safe cell phone use are 4 or 5 times more likely to develop a brain tumor.



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